

**COMMUNITY FUN AND FITNESS RELAYS (CFFR)
WAIVER OF LIABILITY***

I know that running a race is potentially hazardous. I understand that neither I nor my child should enter and participate unless we are medically able and properly trained. I agree to abide by any decision of a race official as to my ability to safely complete a race. I assume all risks associated with running or participating in this event, including, but not limited to, falls, heat, humidity, and conditions of the track. All such risks being known to and appreciated by me and having read and understood this waiver, I release the Community Fun and Fitness Relays (CFFR) Steering Committee and its individual members; the CFFR's corporate, individual sponsors, and volunteers; and Southern Illinois University-Carbondale and all its sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my or my child's participation in the CFFR. I grant permission to all the foregoing to use any photographs, video recordings, or any other record of this event for any legitimate purpose.

CHILD'S/RELAY TEAM'S NAME : _____

CHILD'S PARENT'S/RELAY MEMBER 1'S PRINTED NAME: _____

SIGNATURE: _____ DATE: _____
(Parent or guardian if under 18)

RELAY MEMBER 2'S PRINTED NAME: _____

SIGNATURE: _____ DATE: _____
(Parent or guardian if under 18)

RELAY MEMBER 3'S PRINTED NAME: _____

SIGNATURE: _____ DATE: _____
(Parent or guardian if under 18)

RELAY MEMBER 4'S PRINTED NAME: _____

SIGNATURE: _____ DATE: _____
(Parent or guardian if under 18)

***If completing Waiver for a child for an individual dash event, complete only first set of name, signature and date lines.**